



उत्तर प्रदेश ताइक्वण्डो एसोसिएशन UTTAR PRADESH TAEKWONDO ASSOCIATION

AFFILIATED TO : TAEKWONDO FEDERATION OF INDIA

RECOGNISED BY : GOVERNMENT OF INDIA

Correspondence Address : 144/19/2 Gwynne Tank, Aminabad, Lucknow : 226018. Mob: 9415434679

Email: uptaekwondo@gmail.com

Website: www.uptaekwondo.com

SHAILESH KUMAR SINGH (SHAILU)
PRESIDENT
EX-MLA, EX-PRESIDENT LUCKNOW UNIVERSITY

RAJ KUMAR
SECRETARY

DEVENDRA SINGH
TREASURER

Ref. No.

Date: **08 May 2023**

To,

The President / Secretary
All the Affiliated District Associations.

INVITATION

Dear Colleague's,

I am happy to inform you that **UTTAR PRADESH TAEKWONDO ASSOCIATION**, under the aegis of **TAEKWONDO FEDERATION OF INDIA** is organizing **39th Sub-Junior, 7th Cadet, 41th Junior & 40th Senior STATE KYOURGI & 7th POOMSAE GIRLS & BOYS TAEKWONDO CHAMPIONSHIP: 2023** from **15th to 18th June 2023** at **K.D. SINGH BABU STADIUM, Badminton Hall, Lucknow.**

I cordially invite you and your team to participate in the Championship. The Championship is open to **Sub-Junior aged between 8 & 11+ years (Born on or after 01.01.2012), Cadet aged between 12 to 14 years (Born between 01.01.2009 to 31.12.2011), Junior aged between 15 to 17 years (Born between 01.01.2006 to 31.12.2008) & Senior aged Above 17 years (Born on or Before 31.12.2005).** Xerox copy of Birth Certificate should be enclosed along with the Application form. Original Birth Certificate, TFI Card & UPTA webcard should be produced at the time of Registration & Official Weight-in. **Cadet Boys & Girls Hight-in is also required.**

Open entry is allowed in each weight of Kyorugi & Poomsae Championship from an Affiliated District Taekwondo Association/Clubs.

I am enclosing the following :-

- 1. OUTLINE :- Information & Rules for Participation (Kyorugi & Poomsae)**
- 2. TEAM OFFICIALS & INDIVIDUAL ENTRY FORMS**



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Date. 08 Jun. 2023

3. TIME TABLE

I solicit your team active participation to make the Championship a Grand Success. UTTAR PRADESH TAEKWONDO ASSOCIATION are making every possible effort to make the championship a successful one.

Thanking You,

With Warm & Kind Regards,

Raj Kumar

Secretary

UTTAR PRADESH TAEKWONDO ASSOCIATION

39th SUB-JUNIOR, 7th CADET, 41th JUNIOR & 40th SENIOR



STATE BOYS & GIRLS KYORUGI & 7th POOMSAE TAEKWONDO CHAMPIONSHIP: 2023



15th to 18th June 2023, K.D. Singh Babu Stadium, Indoor Hall, Lucknow.

PROMOTER: TAEKWONDO FEDERATION OF INDIA ORGANISER: UTTAR PRADESH TAEKWONDO ASSOCIATION

OUTLINE - RULES & REGULATIONS

Date & Place	15TH TO 18TH JUNE 2023. K.D. SINGH BABU STADIUM, BADMINTON HALL, LUCKNOW.
Promoter & Organizer	TAEKWONDO FEDERATION OF INDIA UTTAR PRADESH TAEKWONDO ASSOCIATION
Contact Person	MR. RAJ KUMAR MOB: 9415434679, MR. DEVENDRA SINGH MOB: 9456049771, MR. HIMPREET SINGH MOB: 9838209925.
Qualification For Kyorugi & Poomsae	Open to Sub-Junior Boys & Girls aged between 8 to 11+ years (Born On Or After 01.01.2012), Cadet Boys & Girls aged between 12 to 14 years (Born between 01.01.2009 to 31.12.2011), Junior Male & Female aged between 15 to 17 years (Born between 01.01.2006 to 31.12.2008) & Senior Male & Female aged Above 17 Years (Born on or Before 31.12.2005) are eligible. Age Calculated based on the Year 2023. The Championship is open for Sub-Junior, Cadet, Junior & Senior weight Category. The Copy of Corporation/Municipal Birth Certificate, TFI Card & UPTA webcard should be enclosed along-with application form compulsorily.
Competition Rules	World Taekwondo Federation Competition Rules For Poomsae & Kyorugi. Single Elimination Tournament System.
Entry Fee Kyorugi	Kyorugi Rs- 1500/- For Each Athlete For Fooding 15 June (Dinner) to 16,17 (Breakfast, Lunch & Dinner) & 18 June (Breakfast, Lunch) & Lodging 15, 16, 17 & 18th June 2023 morning 10:00 AM Charge Rs. 2000/- per Plears. (Ac Hotel Room should be given to all athlete.) Lodging & Fooding will be compulsory for all Athletes.
Entry Fee Poomsae	Poomsae Individuals Division- Rs- 1700/- For Each Athlete Poomsae Pair Division- Rs- 2000/- Per Pair Poomsae Group/Team Division- Rs- 2500/- Per Group/Team For Fooding 15 June (Dinner) to 16,17 (Breakfast, Lunch & Dinner) & 18 June (Breakfast, Lunch) & Lodging 15, 16 & 17 & 18th June 2023 morning 10:00 AM Charge Rs. 2000/- per Plears. (Ac Hotel Room should be given to all athlete.) Lodging & Fooding will be compulsory for all Athletes.
Last Date of Entry Form & Fees	Last date for receipt of entry form along with the entry fees, photo & relevant documents is 11 June 2023 positively. Fine will be Charged after last date. entries will be entertained after the last date 12 June 2023 Fine charge Rs.- 500/- per player & 13 June 2023 fine will be charge Rs.-1000/- per player. After 13 June NO entries will be entertained.

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Team Entries	Coaches : 01 (Kyorugi) & 01 (Poomsae) Managers : 01 (Kyorugi & Poomsae) Extra Coach & Manager will not entertained
Protective Equipment's	The contestants should wear their own WTF approved chest guard, headgare, groin guard, forearm guard & shin guard compulsorily. Taekwondo Dobok (Uniform) & Taekwondo Equipment's approved by Taekwondo Federation Of India will only be permitted for use during the State Championship & use of Banned Taekwondo Equipment's & Dobok will Disqualify the Player. Sub-Junior Athlete should carry your all own equipments.

Sub-Junior Weight Categories
Age Calculated Based On the Year 2023
Born on or After 01/01/2012

Wt. Category	Sub-Junior Boys	Wt. Category	Sub-Junior Girls
Under 18Kg	Not Exceeding 18 Kg	Under 16Kg	Not Exceeding 16 Kg
Under 21Kg	Over 18Kg & Not Exceeding 21Kg	Under 18Kg	Over 16Kg & Not Exceeding 18Kg
Under 23Kg	Over 21Kg & Not Exceeding 23Kg	Under 20Kg	Over 18Kg & Not Exceeding 20Kg
Under 25Kg	Over 23Kg & Not Exceeding 25Kg	Under 22Kg	Over 20Kg & Not Exceeding 22Kg
Under 27Kg	Over 25Kg & Not Exceeding 27Kg	Under 24Kg	Over 22Kg & Not Exceeding 24Kg
Under 29Kg	Over 27Kg & Not Exceeding 29Kg	Under 26Kg	Over 24Kg & Not Exceeding 26Kg
Under 32Kg	Over 29Kg & Not Exceeding 32Kg	Under 29Kg	Over 26Kg & Not Exceeding 29Kg
Under 35Kg	Over 32Kg & Not Exceeding 35Kg	Under 32Kg	Over 29Kg & Not Exceeding 32Kg
Under 38Kg	Over 35Kg & Not Exceeding 38Kg	Under 35Kg	Over 32Kg & Not Exceeding 35Kg
Under 41Kg	Over 38Kg & Not Exceeding 41Kg	Under 38Kg	Over 35Kg & Not Exceeding 38Kg
Under 44Kg	Over 41Kg & Not Exceeding 44Kg	Under 41Kg	Over 38Kg & Not Exceeding 41Kg
Under 50Kg	Over 44Kg & Not Exceeding 50Kg	Under 47Kg	Over 41Kg & Not Exceeding 47Kg

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Cadet Weight Categories Age Calculated Based On The Year 2023 Born Between 01/01/2009 & 31/12/2011

Category	Height in Cms	Min/Max Weight	Category	Height in Cms	Min/Max Weight
Under 148cms	Not Exceeding 148 cms	33 Kg-45 Kg	Under 144cms	Not Exceeding 144 cms	32 Kg-43 Kg
Under 152cms	Over 148 cms & Not Exceeding 152 cms	35 Kg-48 Kg	Under 148cms	Over 144 cms & Not Exceeding 148 cms	33 Kg-45 Kg
Under 156cms	Over 152 cms & Not Exceeding 156 cms	37 Kg-51 Kg	Under 152cms	Over 148 cms & Not Exceeding 152 cms	35 Kg-48 Kg
Under 160cms	Over 156 cms & Not Exceeding 160 cms	39 Kg-53 Kg	Under 156cms	Over 152 cms & Not Exceeding 156 cms	37 Kg-51 Kg
Under 164cms	Over 160 cms & Not Exceeding 164 cms	41 Kg-56 Kg	Under 160cms	Over 156 cms & Not Exceeding 160 cms	39 Kg-53 Kg
Under 168cms	Over 164 cms & Not Exceeding 168 cms	43 Kg-59 Kg	Under 164cms	Over 160 cms & Not Exceeding 164 cms	41 Kg-56 Kg
Under 172cms	Over 168 cms & Not Exceeding 172 cms	45 Kg-61 Kg	Under 168cms	Over 164 cms & Not Exceeding 168 cms	43 Kg-59 Kg
Under 176cms	Over 172 cms & Not Exceeding 176 cms	47 Kg-64 Kg	Under 172cms	Over 168 cms & Not Exceeding 172 cms	45 Kg-61 Kg
Under 180cms	Over 176 cms & Not Exceeding 180 cms	49 Kg-67 Kg	Under 176cms	Over 172 cms & Not Exceeding 176 cms	47 Kg-64 Kg
Over 180cms	Over 180 cms	52 Kg-80 Kg	Over 176cms	Over 176 cms	50 Kg-75 Kg

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Junior Weight Categories Age Calculated Based On The Year 2023. Born Between 01/01/2006 & 31/12/2008

Wt. Category	Junior Male	Wt. Category	Junior Female
Under 45Kg	Not Exceeding 45 Kg	Under 42Kg	Not Exceeding 42 Kg
Under 48Kg	Over 45Kg & Not Exceeding 48Kg	Under 44Kg	Over 42Kg & Not Exceeding 44Kg
Under 51Kg	Over 48Kg & Not Exceeding 51Kg	Under 46Kg	Over 44Kg & Not Exceeding 46Kg
Under 55Kg	Over 51Kg & Not Exceeding 55Kg	Under 49Kg	Over 46Kg & Not Exceeding 49Kg
Under 59Kg	Over 55Kg & Not Exceeding 59Kg	Under 52Kg	Over 49Kg & Not Exceeding 52Kg
Under 63Kg	Over 59Kg & Not Exceeding 63Kg	Under 55Kg	Over 52Kg & Not Exceeding 55Kg
Under 68Kg	Over 63Kg & Not Exceeding 68Kg	Under 59Kg	Over 55Kg & Not Exceeding 59Kg
Under 73Kg	Over 68Kg & Not Exceeding 73Kg	Under 63Kg	Over 59Kg & Not Exceeding 63Kg
Under 78Kg	Over 73Kg & Not Exceeding 78Kg	Under 68Kg	Over 63Kg & Not Exceeding 68Kg
Over 78Kg	Over 78Kg	Over 68Kg	Over 68Kg

Senior Weight Categories Age Calculated Based On The Year 2023 Born On Or Before 31/12/2005

Wt. Category	Senior Male	Wt. Category	Senior Female
Under 54Kg	Not Exceeding 54 Kg	Under 46Kg	Not Exceeding 46 Kg
Under 58Kg	Over 54Kg & Not Exceeding 58Kg	Under 49Kg	Over 46Kg & Not Exceeding 49Kg
Under 63Kg	Over 58Kg & Not Exceeding 63Kg	Under 53Kg	Over 49Kg & Not Exceeding 53Kg

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Under 68Kg	Over 63Kg & Not Exceeding 68Kg	Under 57Kg	Over 53Kg & Not Exceeding 57Kg
Under 74Kg	Over 68Kg & Not Exceeding 73Kg	Under 62Kg	Over 57Kg & Not Exceeding 62Kg
Under 80Kg	Over 73Kg & Not Exceeding 80Kg	Under 67Kg	Over 62Kg & Not Exceeding 67Kg
Under 87Kg	Over 80Kg & Not Exceeding 87Kg	Under 73Kg	Over 67Kg & Not Exceeding 73Kg
Over 87Kg	Over 87Kg	Over 73Kg	Over 73Kg

Detailed Bifurcation of Team Entry

Sub-Junior Division (8 & 11+ Years)

INDIVIDUAL		PAIR	GROUP	
Male	Female	Mixed	Male	Female
01	01	01 Pair Consisting Of 1 Male & 1 Female	01 Group Consisting 3 Male	01 Group Consisting 3 Female

Cadet Division (12 & 14 Years)

INDIVIDUAL		PAIR	GROUP	
Male	Female	Mixed	Male	Female
01	01	01 Pair Consisting Of 1 Male & 1 Female	01 Group Consisting 3 Male	01 Group Consisting 3 Female

Junior Division (15 & 17 Years)

INDIVIDUAL		PAIR	GROUP	
Male	Female	Mixed	Male	Female
01	01	01 Pair Consisting Of 1 Male & 1 Female	01 Group Consisting 3 Male	01 Group Consisting 3 Female

Senior Division (Above 17 Years)

Age Group Division	Under 30 18-29 Yrs	Under 40 30-39 Yrs	Under 50 40-49 Yrs	Under 60 50-59 Yrs	Under 65 60-65 Yrs	Over 65 66 Yrs & Above
Individual	Men	01	01	01	01	01
	Women	01	01	01	01	01
Age Group Division	Under 30 18-29 Yrs			Over 30 30 Years & Above		
Pair	Mixed	01 Pair (1 Male + 1 Female Athlete)		01 Pair (1 Male + 1 Female Athlete)		
Team	Men	01 Group (03 Athlete)		01 Group (03 Athlete)		
	Women	01 Group (03 Athlete)		01 Group (03 Athlete)		

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Syllabus	Sub-Junior	Individual / Pair / Group	Taegeuk 3,4,5,6,7 & 8 Jang.
	Cadet	Individual / Pair / Group	Taegeuk 4,5,6,7,8 Jang, Koryo, Keumgang.
	Junior	Individual / Pair / Group	Taegeuk 5,6,7,8 Jang, Koryo, Keumgang, Taeback.
	Competition Format For Senior		
	Competition	Division	Compulsory Poomsae
	Individual	Under 30	Taegeuk 6.7.8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin.
		Under 40	
		Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon.
		Under 60	Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu.
		Under 65	
Over 65			
Pair	Under 30	Taegeuk 6.7.8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin.	
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon.	
Team	Under 30	Taegeuk 6.7.8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin.	
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon.	
Method of Competitions (Cut-off System)	<p>* There should be at least 4 District/Club with not less then 4 contestants in each category. * Cut off System preliminary: When 20 or more contestants are participating, competition shall start from preliminary round with division of groups at different courts.</p>		

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Method of Competitions (Cut-off System)	<p>* Contestants shall perform the two assigned compulsory Poomsae and Half of them from each group shall advance to Semi-Final based on their points. In preliminary round, each group might be judged by different group of judges. If the number of contestants is odd, then round the number of contestants to make even. Ex) If there are 13 contestants in group then 13 contestants as considered as 14 contestants and 7 Contestants shall advance to Semi-Final Round.</p> <p>* Cut off system Semi-Final: When 9 to 19 contestants are participating; competition shall start from Semi-Final Round, Contestants shall performs the two assigned compulsory Poomsae and 8 of them shall be advanced to Final based on their Points.</p> <p>* Cut Off System Final: When 8 or fewer contestants are participating; Competition shall start from Final Round. Contestants shall perform the two assigned compulsory Poomsae and the Top Four contestants/Pair/Team shall be awarded prizes based on their points. 3rd and 4th Place are awarded with Bronze Medals.</p>
Conditions of Participation	<p>(A) Drawing of Lots- Team Officials should be present for drawing of Lots. Absentees will be substituted by Uttar Pradesh Taekwondo Association Officials/By the Computer Software.</p> <p>(B) Weight-In- Weight-in will be done 15 June 2023 at 4 PM at Chowk Stadium. Absentees will be disqualified. Original Birth Certificate & Aadhar Card Should be produced at the time to Weight-In.</p> <p>(C) Duly Filled Individual Entry Forms should be signed by Participants / Guardian & President/Secretary of District Taekwondo Association/Club/ Academy.</p> <p>(4) Security Deposit- A Security deposit of Rs. 2000 should be remitted by each team at the time of registration which will be refunded during departure after clearing any loss or damage cost of Stadium/ Accommodation property, If any.</p>
Awards	<p>1st Place : Gold Medal</p> <p>2nd Place : Silver Medal</p> <p>3rd Place : Bronze Medal</p> <p>4th Place : Bronze Medal</p>
Appointment of Technical Officials	<p>The required number of International Referee, National Referee & IT Technical Officials will be appointed by Uttar Pradesh Taekwondo Association, these Referees will be provided Boarding & Lodging during the Championships.</p>
Indemnities	<p>It shall be responsibility of the receptive District Associations/ Club's/ Academy's to ensure that their contestants have validly completed the participation form and have them signed by the Parents/Guardian and contestants indemnifying the organizers, the Officials and other contestants from any claims of Injuries, Losses, Fatal of otherwise arising in the course of participation in this championship or any activities thereto.</p>

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Medical Control	<p>(A) Use of Drugs or Doping by any chemical substances prescribed in the WTF regulations for Doping control is strongly Prohibited.</p> <p>(B) Uttar Pradesh Taekwondo Association will carry out medical doping test among the winners at random sampling and any winner who refuses to undergo the testing or who proves to have committed a breach of this regulation shall be removed from the final standings and a Disciplinary Action will be taken.</p>
Protest If Any	<p>In Case, there is objection towards a judgment, the concerned Coach/Manager must submit the Protest application form together with prescribed Fee of Rs. 2000 (Non-Refundable) to the board of Arbitration within Five minutes after the pertinent contest. Deliberation will be done as per WTF Rules.</p>

-X-X-X-X-

UPTA
UTTAR PRADESH TAEKWONDO ASSOCIATION

39th SUB-JUNIOR, 7th CADET, 41th JUNIOR & 40th SENIOR



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KYORUGI INDIVIDUAL ENTRY FORM

Mark (X) on the appropriate boxes.

BOYS		WEIGHT CATEGORY		Attach Two Passport Size Photos
GIRLS				
NAME (In Capital Letters Only)				
Date Of Birth				
Gender				
Parent/Guardian Name		Weight		
Address				
District		PIN CODE		
Aadhar Number				
Mobile Number				
Copy Of Corporation/Municipal Birth Certificate & Aadhar Card should be Enclosed Compulsorily and originals should be shown at the time of weigh-in.				
Passport Number		Present Belt Grade		
Declaration				
I, the undersigned do hereby solemnly affirm, declare & confirm for myself, my heirs, executors & administrators that I indemnify the Promoters/ Organizers/ Sponsors & its Members, Officials, Participants etc., holding myself personally responsible for all damages, injuries of accidents, claims, demands etc., waiving all prerogative rights, whatsoever related to the above set forth event.				

Signature of Parents / Guardian	Signature of Participant
Signature of President / Secretary District Association with stamp	

For Technical Officials Use:				
Weight	1ST	2ND	3RD	REMARKS

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Poomsae Individual Entry Form

Mark (X) on the appropriate boxes.

Category	S-Jr		Cadet		Junior		Senior	
Division	Individual			Pair			Team	
NAME (In Capital Letters)								Attach Two Passport Size Photos
Date Of Birth								
Gender								
Parent/Guardian Name								
Address								
District						PIN CODE		
Aadhar Number								
Mobile Number	1					2		
Copy Of Corporation/Municipal Birth Certificate & Aadhar Card should be Enclosed Compulsorily and originals should be shown at the time of weigh-in.								
Passport Number						Present Belt Grade		
Declaration								
I, the undersigned do hereby solemnly affirm, declare & confirm for myself, my heirs, executors & administrators that I indemnify the Promoters/ Organizers/ Sponsors & its Members, Officials, Participants etc., holding myself personally responsible for all damages, injuries of accidents, claims, demands etc., waiving all prerogative rights, whatsoever related to the above set forth event.								

Signature of Parents / Guardian	Signature of Participant
Signature of President / Secretary District Association with stamp	

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Poomsae Consolidated Entry Form

District / Organization			
Division			
Category	Name	Gender	Date of Birth
INDIVIDUAL		MALE	
INDIVIDUAL		FEMALE	
Pair		MALE	
		FEMALE	
Group		MALE	
		MALE	
		MALE	
Group		FEMALE	
		FEMALE	
		FEMALE	

District Association Seal

Signature of President/Secretary

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Travel Information

Name of the Association										
Date of Arrival at Lucknow									Time	
Mode of Journey										
Date of Departure from Lucknow									Time	
Mode of Return Journey										

District Association Seal

Signature of President/Secretary

39th SUB-JUNIOR, 7th CADET, 41th JUNIOR & 40th SENIOR



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Team Officials Entry Form

District/Organization

Coach Name

Manager Name

Coach

Manager

Attach Two
Passport Size
Photos

Attach Two
Passport Size
Photos

Coach Name

Coach

Attach Two
Passport Size
Photos

District Association Seal

Signature of President/Secretary